

YMCA Youth Sports Player's & Parent Pledge

The YMCA's most important goal is helping me become the best person I can be. I understand that whether my team wins or loses, my job is to demonstrate the values of respect, responsibility, honesty, caring, faith, and fun.

I hereby pledge that:

Respect:

- I will treat everyone – coaches, official, teammates, opponents, parents and other spectators- the way I would want to be treated.
- I will control my temper and not swear, boo or put anyone down. I won't break or throw equipment.
- I will accept the official's decisions without argument. I'll let my coach ask the necessary questions.
- I will remember to shake hands with other the team and say "good game" or "thanks". I will be a good sport about winning or losing.

Responsibility:

- I will get ready early enough to be at all practices and games on time
- I will work equally hard for myself and for my team
- I will be responsible for my own and the team's equipment and our playing field or court. Nobody leaves after practice or games until everything is put away.

Honesty:

- I will play by the rules.
- I will admit my mistakes and accept penalties without arguing.
- I will tell my coach if I'm having trouble.

Caring:

- I will cheer for my team.
- I will applaud all good plays, my teams or the opponents.
- I will avoid showing off or trying to get the most points or penalties.

Faith:

- I'll believe in myself and in my team
- I'll make it my job to reassure anyone who's having trouble.

Fun:

- I will play for the fun of it, not just to please my parents or my coach
- I will remember that winning isn't the most important thing.

Player Signature

Parent Signature